

**February 18<sup>th</sup> 2020**

**ETHICAL FARMING**

**Talk and film at the Cart House Cinema, Oxen Park**

Speaker: Adam Crowe

Competition: A photograph of a local landscape

Hostesses: Cheryl Ramsden & Anne Robinson

**March 17<sup>th</sup> 2020 (S)**

**STARTING & RUNNING A BUSINESS**

Speaker: Nicky Fletcher

Competition: Memorabilia from a local business

Hostesses: Sarah Emslie & Sharon Leeson

**April 21<sup>st</sup> 2020 (R)**

**ENGLISH TOURING OPERA COMPANY**

**Listen and learn from a professional singer**

Speaker: Bradley Travis

Competition: Programme from an opera or musical

Hostesses: Maggie Biddleston,  
Joanne Johnston & Pattie Kaye

**May 2020 Group Meeting**

**May 19<sup>th</sup> 2020**

**A FOOD & WINE TASTING AT BOOTHS,  
ULVERSTON**

Competition: An old recipe book

**June 16<sup>th</sup> 2020 (R)**

**CUT THE WRAP, ULVERSTON**

**Journey to zero waste**

Competition: A recycling idea

Hostesses: Helen Adams, Meg Fletcher,  
& Annie Shaw

**July 21<sup>st</sup> 2020**

**GARDEN MEETING**

Jacobs Join Supper

**August 2020**

**HOLIDAY MONTH - no meeting**

**September 15<sup>th</sup> 2020 (R)**

**A DEMONSTRATION OF HAT MAKING**

Speaker: Tracy Wells, couture milliner

Competition: Wear a hat (or bring one)

Hostesses: Sue Brooke, Jane Bamford

**October 20<sup>th</sup> 2020 (S)**

**A HISTORY OF FOOD - recipes past & present**

Speaker: Simon Brock

Competition: Your choice of four dinner  
party guests, dead or alive!

Hostesses: Janet Benefield, Linda Clough  
& Marian Martindale

**November 17<sup>th</sup> 2020 (R)**

**ANNUAL MEETING**

Hostesses: Gaye Jarvis & Sue Maxwell

**December 7<sup>th</sup> 2020 (S)**

**CHRISTMAS CAROL EVENING**

**All Saints, Satterthwaite 7.30**

January 19<sup>th</sup> 2021 (S)

**GROWING WELL AT LOW SIZERGH FARM**

**Helping mental health recovery**

Speaker: Mary Houston

Competition: A pot plant

Hostesses: Alex Mitton &  
Caroline Rushmer

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Meetings Start at 7.30pm

R = Rusland Reading Rooms

S = Satterthwaite Parish Rooms

Any hostess who is unable to attend  
is asked to find a substitute.

For the 'Flower of the Month' competition,  
please bring a flower from your garden.

Don't forget to bring coins  
to vote on the competitions.

These will be collected and donated to ACWW.

## COMMITTEE 2020

Jane Bamford

Hilary Collins

Christine Jackson

Anne Lewis

Sally Lister

Rachel Lumsden

Judy Shaw

Barbara Woddy

### **Sick Visitor**

Cheryl Ramsden

### **Speakers' Secretaries**

Judy Dent

Judi Winterson

# Rusland & District Women's Institute

*Cumbria - Westmorland Federation*

### **President**

Mrs Sally Lister

### **Vice - Presidents**

Mrs Judi Winterson

Mrs Barbara Woddy

### **Hon. Secretary**

Mrs Rachel Lumsden

### **Hon. Treasurer**

Mrs Judy Shaw

## 2020 - 2021 Programme

**[www.ruslandwi.com](http://www.ruslandwi.com)**